

2010 Scheme

QP CODE: 203003

Reg. No.

Second Professional B.A.M.S (Part I) Degree Supplementary Examinations October 2023

Swasthavritta – II

Time: 3 hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays

(2x10=20)

1. Define Yoga and write about Ashtangas of yoga in detail
2. Define Primary Health Care. Describe its principles and elements. Describe the role of Ayurveda in Primary Health Care

Short notes

(10x5=50)

3. Explain the importance of yoga in maintaining health
4. Describe the procedure, indications and contraindications of Sarvangasana
5. Define pranayama and write its types
6. Explain National AIDS Control Programme
7. Describe Basti as per Hathayoga pradipika
8. Explain the structure and functions of WHO
9. Explain Shad chakras
10. Describe the relationship between Ayurveda and Naturopathy
11. Write about Hot water treatment in naturopathy
12. Define statistics and write its uses in medical science

Answer briefly

(10x3=30)

13. Functions of a Sub centre in Primary health care.
14. Define Mean
15. ASHA
16. Name any four contraceptive methods
17. Immunization of Pregnant Woman
18. Enlist panchakoshas
19. Sources of Data
20. What is DOTS
21. Collection and preparation of mud for mud therapy
22. Define Dharana
